



MONTHLY SYMPTOMS

Is your loved one showing outward symptoms of fighting Alzheimer's?

AREA	BEHAVIORS	NO	SOME	YES
Memory	Forgetting recently learned information, dates or events; asking the same question over and over; relying on memory aids or family members to remember.			
Planning	Trouble planning or work with numbers (e.g.: following recipes or keeping track of monthly bills); trouble concentrating; requiring more time to complete tasks.			
Routines	Trouble with daily tasks (e.g.: driving to a well-known place, managing a budget at work or remembering the rules of a favorite game.			
Orientation	Forgetting dates, seasons or the passage of time; trouble understanding things that aren't happening right now; forgetting where they are or how they got there.			
Perception	Visual changes like difficulty reading, judging distance and recognizing color or contrast. (e.g.: especially when driving)			
Language	Trouble with conversations (e.g. following, joining, or getting lost); repeating; trouble finding the right word; word substitutions; misspeaking.			
Organization	Misplacing things; inability to retrace steps to find them; accusing others of stealing.			
Judgment	Uncharacteristic poor judgment or decision making (e.g. giving large amounts of money to telemarketers; forgetting to bathe or groom oneself.)			
Social	Voluntarily removing themselves from favorite social events or hobbies; increased social isolation.			
Demeanor	Uncharacteristic mood swings, intolerance and personality changes. (e.g.: confusion, suspicion, depression, fear, anxiety) Decreased comfort zone.			